

2022 Open Your Mind Poetry Competition

Theme: Connecting with Hope

Hope is being able to see that there is light despite all of the darkness. ~ Desmond Tutu

Open to anyone living with mental health challenges or is a carer of someone with mental health challenges. WA residents only.

- Entry is free. Maximum 2 poems per person, up to 18 lines per poem.
- Each poem to have a unique title.
- All submissions must be the entrant's original unpublished work.
- Winning poems will be presented during Mental Health Week 2022.
- MIFWA reserves the right to display, reproduce or publish the submissions on its website, newsletters, social pages and other MIFWA materials.

Prizes
lst: \$100
2nd: \$75
3rd: \$50
🇱 MIFWA

Submit your poems by 5pm, Tue 13 Sep 2022

By email to: events@mifwa.org.au with subject: Poetry Competition

- In person at: Lorikeet Centre, 104 Cambridge Street, West Leederville or: MIFWA Head Office, Level 3, 9 The Avenue, Midland
- By post to: Poetry Competition MIFWA, PO Box 1947, Midland WA 6936