## What's on at MIFWA Schizophrenia Awareness Week



Rebuilding a better mental health system together Sunday 21 to Saturday 27 May 2023

Sunday 21 May	Monday 22 May	Tuesday 23 May	Wednesday 24 May	Thursday 25 May	Friday 26 May	Saturday 27 May
	MIFWA Morning Tea (MIFWA staff event) Proceeds will go to Australia's Biggest Morning Tea 10.30am MIFWA, Midland Staff to RSVP by email  Cooking with MIFWA (on YouTube) Click here to subscribe to the MIFWA YouTube channel to be notified when we release the videos	Carers Coffee Club Fremantle 10am to 11.30am Dome Café, East Fremantle Details via robyn.stone@mifwa.org.au  safeTALK Dowerin (free workshop) 10.30am to 2.30pm Dowerin Register here	Applied Suicide Intervention Skills Training (paid course, Day 1) 9am to 5pm MIFWA, Midland Register here	Applied Suicide Intervention Skills Training (paid course, Day 2) 9am to 5pm MIFWA, Midland Register here  CHIME - A Recovery Model Explored (free) 12pm to 2.30pm Online via Zoom Register here	Lorikeet Sound Bath Meditation (members only) 10am to 12pm Members please book via Lorikeet Centre  Carers River Cruise 11am departure Barrack St Jetty, Perth Details via robyn.stone@mifwa.org.au  Lorikeet Afternoon Tea and Craft for Wellbeing (members only) 2pm to 4pm Members please book via Lorikeet Centre	