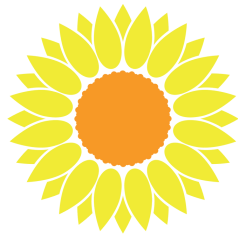




Lorikeet Centre



MIFWA

Open Your Mind Poetry Competition 2023



Open to anyone living with mental health challenges or who is a carer of someone with mental health challenges.

Theme: **Mind · Body · Environment**

- Open to WA residents only, and entry is free.
- Max. 2 poems per person, up to 18 lines per poem, and a unique title per poem.
- All submissions must be your own original unpublished work.
- Winners will be announced in October 2023 during Mental Health Week.
- MIFWA reserves the right to display, reproduce or publish the submissions on its website, newsletters, social pages and other MIFWA materials.

Prizes

All Entries

1st: \$100 · 2nd: \$75 · 3rd: \$50

Best Lorikeet & MIFWA Participants

1st: \$100 · 2nd: \$75

To enter, submit your poems by 5pm, Tuesday 12 September 2023:

- By email to: events@mifwa.org.au with subject: Poetry Competition
- In person at: Lorikeet Centre, 104 Cambridge Street, West Leederville or MIFWA Head Office, Level 3, 9 The Avenue, Midland
- By post to: Poetry Competition, MIFWA, PO Box 1947, Midland WA 6936