Mental Health Week 2023



Intro to The Art of CHIME

A recovery group using art therapy

10th of October 2023 10:00am-2:30pm

MIFWA Training Room Level 3, 9 The Avenue Midland

Register your interest <u>HERE</u> or contact Uli Schoen

9237 8900 uli.schoen@mifwa.org.au This peer-led recovery group is suitable for anyone interested in exploring their own mental health recovery.

Learn about the CHIME model, explore what processes are involved in recovery, join a discussion about how to apply these to your own life and reflect using art therapy.

Join a MIFWA peer facilitator and registered art therapist in this FREE group!