

Open to anyone living with mental health challenges or who is a carer of someone who is.





- The 2024 theme is 'Keys to Recovery'.
- Open to WA residents only, and entry is free.
- Max. 2 poems per person, up to 18 lines per poem, and a unique title per poem.
- All submissions must be your own original unpublished work.
- Winners will be announced in October 2024 during Mental Health Week.
- MIFWA reserves the right to display, reproduce or publish the submissions on its website, newsletters, social pages and other MIFWA materials.

Prizes

All Entries Best Lorikeet & MIFWA Participants

To enter, submit your poems by 5pm, Friday 30 August 2024:

• By email to: events@mifwa.org.au with subject: Poetry Competition

• In person at: Lorikeet Centre, 104 Cambridge Street, West Leederville

or MIFWA Head Office, Level 3, 9 The Avenue, Midland

• By post to: Poetry Competition, MIFWA, PO Box 1947, Midland WA 6936

