



MIFWA

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SCHIZOPHRENIA AWARENESS WEEK 2019

Official Launch

Recovery is possible—break down stigma and reach out

Each year MIFWA, together with the Mental Illness Fellowship of Australia, and the Fellowships around the nation, host Schizophrenia Awareness Week. In 2019 it will occur the week of 19th – 25th May. We would like to invite you to the official launch, with a BBQ in the park followed by fun-filled outdoor activities (weather permitting), on:

Tuesday 21st May 2019

The Pavillion, Whiteman Park, 11 am – 2 pm

Join us to open the week and participate in a selection of health and hope giving activities (like bocce, quoits, giant jenga or a walk for wellness) that we know make a difference in recovery. This is an informal opportunity to meet and connect with people who have a lived experience. Schizophrenia Awareness Week aims to:

- raise community awareness of schizophrenia and other mental illnesses & the impact of mental illness on families/carers
- foster hopefulness and confidence
- encourage understanding and acceptance of mental illness & increase people experiencing mental health issues seeking help

We do this through a range of activities, including information displays, media coverage and events across WA.

2019 Events

Throughout the week we will have a strong media campaign. Please look out for us in social media, and help us share our message.

Tuesday, 21 st May	Wednesday, 22 nd May	Thursday, 23 rd May	Friday, 24 th May	Saturday, 25 th May
Official Launch <i>BBQ in the park</i> Whiteman Park 11 am – 2 pm ASIST Workshop MIFWA, Midland De-Stressing Workshop for Carers Rockingham 10 am – 1 pm	ASIST Workshop MIFWA, Midland	SafeTALK Workshop Northam 10:30 am – 2 pm	Lorikeet Centre Open Day <i>Tecwyn Jones Bequest Grants and Poetry Awards.</i> Lorikeet Centre, West Leederville Growing Well Workshop MIFWA, Midland 10 am – 1 pm	Building a Future SnapShot Northam (25 th and 26 th May)

Northbridge Piazza – Screen throughout the week!

If you wish to attend the launch or would like more information email events@mifwa.org.au or phone 9237 8900