

# HELP SOMEONE WHEN THEY NEED IT MOST

## Suicide alertness for everyone

**safeTALK prepares anyone over the age of 15, regardless of prior experience or training, to become a suicide-alert helper.**

Join us for a half-day workshop to learn:

- how to identify the signs of people who may have thoughts of suicide
- the simple yet effective TALK steps: Tell, Ask, Listen, and Keep Safe
- how to connect people to life-saving resources and supports.

**When:** 10am–2pm, Wednesday 28 September 2022

**Where:** Beverley CRC, 141 Vincent St, Beverley

**Cost:** FREE, and catering will be provided

**Register:** Online at <https://safeTALKBeverley.eventbrite.com.au>

Via email to [adminbcrc@westnet.com.au](mailto:adminbcrc@westnet.com.au)

Or by calling 9646 1600

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