

# HELP SOMEONE WHEN THEY NEED IT MOST

## Suicide alertness for everyone

**safeTALK prepares anyone over the age of 15, regardless of prior experience or training, to become a suicide-alert helper.**

Join us for a half-day workshop to learn:

- how to identify the signs of people who may have thoughts of suicide
- the simple yet effective TALK steps: Tell, Ask, Listen, and Keep Safe
- how to connect people to life-saving resources and supports.

**When:** 11.30am—3.30pm, Wednesday 31 August 2022

**Where:** Liebe Group Meeting Room, 17 Johnston St, Dalwallinu

**Cost:** FREE, and lunch will be provided

**Register:** <https://Dalwallinu.eventbrite.com.au>

**More info:** Contact MIFWA at [training@mifwa.org.au](mailto:training@mifwa.org.au) or on 9237 8900

Hosted by:



In partnership with



WHEATBELT SUICIDE  
PREVENTION PROJECT

CONNECTION | EMPOWERMENT | EDUCATION | GRANTS