



Accredited Instructor

STANDARD MENTAL HEALTH FIRST AID COURSE

LEARN SKILLS AND GAIN CONFIDENCE TO SUPPORT
PEOPLE EXPERIENCING MENTAL HEALTH CHALLENGES.

Mental health first aid is the help provided to a person who is developing a mental health problem, experiencing a worsening of a mental health problem, or is in a mental health crisis.

COURSE INFORMATION

- FREE 2-day Standard Mental Health First Aid course
- Topics cover: anxiety, depression, psychosis, substance use problems, as well as suicide and other mental health crises
- Participants receive a Mental Health First Aid manual
- Participants are eligible to become an accredited Mental Health First Aider

When: 9:00am - 4:00pm, 18 & 19 August 2022

Where: Merredin CRC Conference Room
110 Barrack St, Merredin

Cost: Free | Catering provided

Register: Online: <https://MHFA-Merredin.eventbrite.com.au>

By email: joyce.vidot@mifwa.org.au

Jordyn.Drayton@holyoake.org.au

In partnership with



WHEATBELT SUICIDE
PREVENTION PROJECT
CONNECTION | EMPOWERMENT | EDUCATION | GRANTS