

Carers Morning Tea

hosted by **Grow Group for Carers**

Wednesday 24 August 2022

11.00AM to 12.30PM

MIFWA Training Room

Level 3, 9 The Avenue, Midland



Join us for a friendly and supportive morning tea where carers who care for people experiencing mental illness come together to enjoy a cuppa, make new connections and learn about the benefits of joining our free **Grow Group for Carers**.

We'll have a display of approx. 35 donated health, mental health and self-help books that carers may purchase for a gold coin donation, and a collection of brochures and resources our group members recommend.

RSVP is essential.

RSVP to Samantha by Monday 19 August 2022

At samantha.scott@mifwa.org.au or on 9237 8900

A special event by

Grow | 
mental wellness programs

 **MIFWA**