

HELP SOMEONE WHEN THEY NEED IT MOST

Suicide alertness for everyone

safeTALK prepares anyone over the age of 15, regardless of prior experience or training, to become a suicide-alert helper.

Join us for a half-day workshop to learn:

- how to identify the signs of people who may have thoughts of suicide
- the simple yet effective TALK steps: Tell, Ask, Listen, and Keep Safe
- how to connect people to life-saving resources and supports.

When: 10.30am–2pm, Tuesday 8 November 2022

Where: York Community Resource Centre, 89 Avon Terrace, York

Cost: FREE, includes morning tea and light lunch

Register: <https://safeTALK-York.eventbrite.com.au>

Queries: training@mifwa.org.au or 9237 8900

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