

CONVERSATIONS ABOUT NON-SUICIDAL SELF-INJURY

The Mental Health First Aid Conversations About Non-Suicidal Self-Injury course will teach you how to identify, approach and support someone who is engaging in self-injury, by using a practical, evidence-based Action Plan.

You will you learn:

- Why people engage in self-injury
- How to talk to someone about their self-injury
- How to help the person stay safe
- How to connect someone to appropriate professional help
- How to assess for suicidal thoughts and behaviours

When: Thursday 8 June 2023, 10:00am - 2:00pm

Where: Moora Recreation Centre, 93 Gardiner Street, Moora

Cost: FREE to the community

Register: <https://CANSSI-MOORA.eventbrite.com.au>

Queries: training@mifwa.org.au or 9237 8900

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