

**Carer Support**  
WORKSHOPS & TRAINING

# CARERS EVENT

# NATURE

# CRAFT

# IN THE PARK

Come and join us in the park to think about our places of sanctuary and use items from nature and other things to create or just come along for a chat with others.

You can bring along your own items if you find things you may like to use.

Drinks can be purchased from Zephyr Café. We will provide a light snack.

**Date:** Tuesday 18<sup>th</sup> April

**Time:** 12:30 – 2:30pm

**Venue:** John Tonkin Reserve  
near Zephyr Café East Fremantle

**To register** contact Robyn Stone at  
robyn.stone@mifwa.org.au or 0409 523 666



**Mental Illness Fellowship of WA**  
Level 3, 9 The Avenue, Midland  
P.O. Box 1947, Midland WA 6936  
Telephone: (08) 9237 8900  
Email: [info@mifwa.org.au](mailto:info@mifwa.org.au)  
[www.mifwa.org.au](http://www.mifwa.org.au)