

MIFWA

CARERS COFFEE CLUB

Carer Support
SOCIAL & SUPPORT GROUPS

Informal coffee clubs give carers of a person impacted by mental illness a chance to socialise with other carers and carer peer workers in a relaxed atmosphere. Have a break from your caring role and meet some new friends!

SOUTH WEST/MANDURAH

3rd Thursday of the month

Time: 10.30am til 12.00pm

Where: Taste of Italy Cafe, Farmer Jacks 4/18 Peelwood Parade, Halls Head

Contact: robyn.stone@mifwa.org.au

NORTH/WOODVALE

1st Thursday of the month

Time: 10.30am til 12.00pm

Where: Village Hut Cafe, 8/923 Whitfords Avenue, Woodvale

Contact: caroline.wood@mifwa.org.au

EAST/MIDLAND

2nd Monday of the Month

Time: 6.30pm til 8.00pm

Where: The Principal Bar & Restaurant, 23 Cale Street, Midland

Contact: caroline.wood@mifwa.org.au

CENTRAL SOUTH/EAST FREMANTLE

4th Tuesday of the month

Time: 10.00am til 11.30am

Where: Dome Café, 26 Riverside Road, Fremantle

Contact: robyn.stone@mifwa.org.au

NOTE: CLOSED ON PUBLIC HOLIDAYS. FOR MORE DETAILS CALL 9237 8900



MIFWA

MENTAL ILLNESS FELLOWSHIP OF WA

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www.mifwa.org.au