

What's on at MIFWA

WA Mental Health Week

Saturday 7 to Saturday 14 October 2023

Mind. Body. Environment.



Saturday
7 October

Sunday
8 October

Monday
9 October

Tuesday
10 October

Wednesday
11 October

Thursday
12 October

Friday
13 October

Saturday
14 October

Building A Future
9.30am
Bentley

Youth Mental Health First Aid Course (\$20) Held over 2 days
9.30am-5pm,
Cockburn Youth Centre, Success

Carers Coffee Club Midland
6.30pm-8pm
The Principle Bar & Restaurant,
Midland

Intro to Art of CHIME
10am-2.30pm
MIFWA, Midland

Hospital to Home Ward Visit
10am-12pm
St John of God
Mental Health
Ward, Midland

Grow Group for Carers, Families & Friends
10am-12pm
MIFWA, Midland

BPD Carer Support Group,
5.30pm
Online

Turn Up in Blue Day MIFWA Stall
10am-2pm
Bernard Park,
Northam

MIFWA Staff Lunch
12pm
MIFWA, Midland

MIFWA's Community BBQ for Lorikeet Members & MIFWA Staff & Participants
11am-2pm
Holyrood Pavilion,
West Leederville

Building A Future
9.30am
Bentley