

## Individualised Services Program

Ongoing supports for NDIS participants  
with a primary psychosocial disability



If you are an NDIS participant aged  
18-65 years old and have a primary  
psychosocial disability, contact  
MIFWA's Individualised Services team  
on **9237 8900** or [info@mifwa.org.au](mailto:info@mifwa.org.au)



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[mifwa.org.au](http://mifwa.org.au)

supporting mental wellness + recovery



*"I believe I would be in hospital without their support. I'm extremely happy with them. MIFWA has been there for me throughout and has really helped build my confidence."*

## About MIFWA's Individualised Services

**We offer a range of supports for people aged 18–65 years old who have a primary psychosocial disability and an NDIS plan.**

### How the program works

We know it can feel a bit overwhelming when figuring out and trying to access the best services and supports that would give you the most out of your NDIS plan. We walk you through your plan, the inclusions and what's involved, and work at your pace to help you stay on track with your NDIS goals.

Each person is different and so is their NDIS plan. Maybe you need support with your daily living tasks and home life. Or you want to get out and about and build confidence and experience to get back into the workforce or study. Even getting involved in the community, such as participate in sports and recreational activities. We'll help you identify your needs, set your goals, and determine the supports that would help you achieve them.

## Ways we can support you

Our services operate independently of each other as follows, ensuring any conflict of interest is managed carefully:

**Specialist Support Coordination:** Helping you understand your NDIS plan, including its most complex elements.

**Support Coordination:** Supporting you to implement your plan and explore and understand your options so you make informed choices when choosing providers to meet your needs and goals.

**Recovery Coaching:** Someone with lived or learned experience of mental health challenges and recovery helps you with your own, and works with you, your family, carers and services to personalise your recovery plan.

**Daily Living Activities:** Support to navigate everyday life and learn skills to look after yourself and your home, and do things for yourself.

**Social & Community Participation:** Helping you build your skills, capacity and confidence to participate in social and community activities, meet new people, and enjoy life.

**Life Transition Planning:** Support to become more independent, go out and participate in community and social activities, and maintain contact with others.